

4 U Body Fitness Questionnaire



4 U Body Fitness • *Create The You That You Want!*

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Hi and congratulations on taking the first steps in becoming a 4 U body Fitness team member

First of all we need to get a better idea of who you are!!

I just need you to answer the following questions and e-mail back to me as soon as your done

Name:

What area's in Health and fitness are you most interested in?

How many times do you train per week?

Have you achieved any personal health and fitness goals?

If you could earn any amount per week what would it be?

Do you have a 5 year and 10 year goal?

Are you currently doing any personal development?

Are you interested in developing yourself?

Are you current doing any professional development?

Are you interested in doing some professional development?

Do you have any sales experience?



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Do you have any Marketing experience?

Do you consider yourself a above average personal trainer and why?

Give three examples of great results with previous clients (paid or unpaid for), also give names, and phone numbers. (We will make contact with these references as they are your personal testimonial that you are great trainer)

Name

Ph:

Results:

Name

Ph:

Results:

Name

Ph:

Results:

Thank you for your time I hope to hear from you soon!!



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